# October 2023 Newsletter

## Volume 2 | Issue 10 | Quilts for Survivors



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# A Message from our CEO & Founder

Wow! What a weekend. I don't think I have ever been this tired after a weekend. It was the most amazing, spectacular, fun, lots of learning, emotional, inspirational, and so worth it. These are just a few of the words used to describe our 1st Annual Sewing Retreat.

Seeing all your planning, thoughts, and ideas come together and people enjoying themselves. This is exactly what I was thinking of when planning the Sewing Retreat. I wanted people to relax, enjoy, learn, and grow not only on their quilting but also to grow in their own life. Susan, our speaker, gave us lots of advice and encouragement to really look at why we do what we do and how we should live for ourselves. How we should be our true selves. I know that she has helped me move forward after my second marriage ended.

Suzanne taught us two amazing blocks that taught many new skills or techniques. I liked the big block that was straight forward and made a big impact. I had fun sharing my simple block that helped new quilters jump in and feel confident about themselves.

Spending the weekend with so many wonderful, caring people was exactly what I needed. Throwing quilting in the mix was like eating dessert first. It was a great space to share my culture, traditions, and myself with all of you.

Thank you to all who joined online. I really hope you also received something from the event. Quilters are an amazing bunch of giving people. Thank you all for coming you made this event so special.

All my love for the year ahead until next year,

#### Vanessa

We completed binding on 19 quilts
We made 62 quilt tops (several with new blocks we made)

Orange You Glad We're Sewing 2nd Annual Retreat September 27-30, 2024.

Vanessa, CEO & Founder The Quilter with a heart of gold



#### Class Quilt 2023/2024 Online Classes Third quilt

With fall just around the corner,
we will once again
be having our Zoom quilting
classes. We will be making
a new quilt called
"the bliss quilt along"
by Fig Tree Quilts.

Classes will be held every third
Sunday of the month from
September to June.
The second Class is
October 16th, 2023,
from 2 pm-4 pm EST.
To register please
fill out the form
https://forms.gle/tSoAiSdpmtpC
idyq8





For more information please visit www.quiltsforsurvivors.ca























































































We worked on a few new blocks as seen on the right, we then made the blocks into tops.



Throughout the retreat we had traditional drumming, teachings and stories from Survivors.





A few of the Local Volunteers set up a table full of scraps and got to work creating scrappy blocks! Pictured at the table are Therese, Collette & Judy.



Alex and I took Susan out to a few different spots! Radical Gardens for dinner - she couldn't stop talking about the fries - and to the Vic to sit down and have a drink!



### Our Speaker Susan Crawford

Throughout the retreat Susan talked and had motivational speeches.



Susan learned how to sew with some help from Patsy, who managed to teach at least 5 other non quilters to sew.

It was a lot of fun having Susan at the retreat and she's even coming back next year to sew!



### **Event Summary**

- 56 Registered Guests
- 4 days of Sewing
- Drumming
- Teachings
- Traditional Feast
- Stories From Survivors
- Quilt presentations to Survivors
- We completed binding on 19 quilts
- We made 62 quilt tops (several with new blocks we made)





# **Upcoming Events**

### September - Class quilt 2023-2024

The class Quilt for 2023-2024 starts on September 17th. To sign up please visit <a href="https://forms.gle/UDzH743oLDw8VsD98">https://forms.gle/UDzH743oLDw8VsD98</a>

All Classes are recorded and can be viewed at any time.



#### Orange You Glad We're Sewing Retreat Signup Opens Febuary 1st 2024

\$225 Fee includes Lunches, Dinners and Snack
"Does not include accommodations OR Travel"

- Lunches, Dinners, Snacks
- Traditional Teachings
- Drumming & Dancing
- Stories from Survivors
- Meet Vanessa
- Meet other Volunteers
- Learn From Karen Brown
- Studio Tours

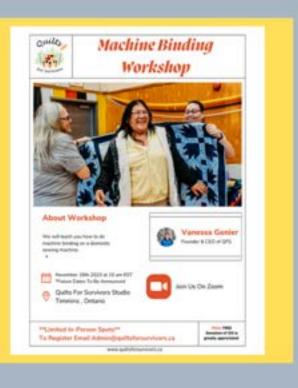
# **Upcoming Events**





About Workshop

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# **Updates**

## **Donations**



Donations can be made by EMT to Vanessa@quiltsforsurvivors.ca or through buy me a coffee

Stay Tuned For Updates

# Linktree\*



Check out our Linktree!

It has all our links such as our website, Instagram,
Tiktok and more!

https://linktr.ee/Quiltsforsurvivors

#### Volunteering

It is our hope that you will take some time once a week or even once a month to come in and work a few hours or spend the whole day with us at our studio. See page 16 for full details.





#### Wishlist

I've also been asked about our Wishlist, how does that help QFS? Purchasing items off our Wishlist helps us get things we need for the studio or would help make things easier for us in the studio.

If you would like to purchase something please visit our Wishlist, thank you!

https://mywishlist.online/w/5pxebt/quiltss-wishlist

### **Quilts Quilts and More Quilts**

In case you didn't hear we have now sent over **3,800** quilts. That's amazing!

Thank you everyone for your continued support!



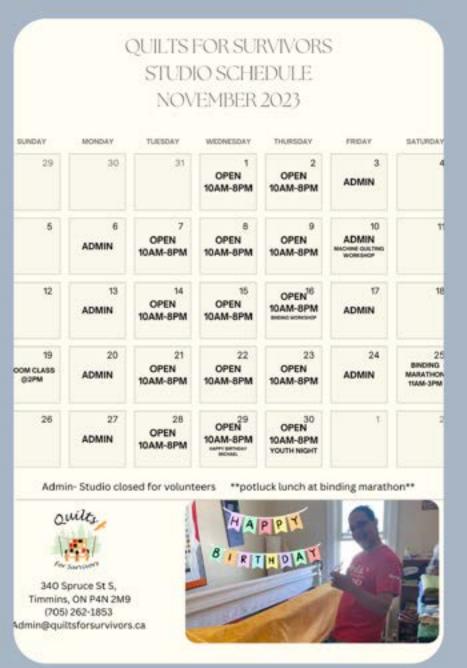
for more information please visit www.quiltsforsurvivors.ca

## Stories from Suvivors & Volunteers



If you have a story you would like to share, please email it to admin@quiltsforsurvivors.ca.

Any story from a survivor or volunteer is welcomed and you can choose to remain anonymous



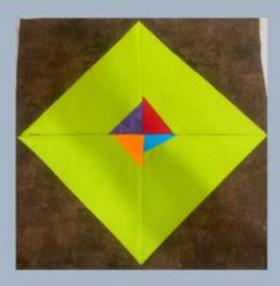


source: google images



Colour in the Wolf

source: google images



#### Block of the month TMNF - Teenage Mutant Ninja Fabric Designed by Kat & Jo

I took fabric from the scrap bins, jo picked out the colours. I made 6.5 inch blocks with the green and brown, then made half square triangles, once the half square triangles were done i snowballed the green corner with a piece of coloured fabric. The "snowballed" corners weren't meant to look perfect as this block was designed to represent the Teenage Mutant Ninja Turtles, which is one of Jo's favourite cartoons. If you do end up trying this out please send me a picture at admin@quiltsforsurvivors.ca

## Information









### A message from the Editor

Hello everyone,
I had a great time at the sewing retreat!
I loved meeting everyone! I was so so happy to meet
Christine and her daughter Fiona, I previously met
Christine at Quilts Canada in Halifax.

I had a great couple of days with Susan, Sue,
Auntie Suzanne, Mum, Alex, Donna, Therese, Judy
and Collette ... just to name a few.
I had a great time watching all of the wonderful
Volunteers sew and create amazing blocks & tops!

I cant wait for next year! We have already started planning!!!

I really appreciate everyone who helps QFS in any way.

We have been busy putting away donations, supplies etc
from the sewing retreat, which is why this month's
Enewsletter is going out late.

I hope you all had a good month, and Happy Halloween!

Happy quilting - kat



If you have a story you would like to share, please email it to admin@quiltsforsurvivors.ca.

If you have any comments or ideas for the newsletter, let me know!

We are always looking at ways to improve.

You can reach me at admin@quiltsforsurvivor.ca

### Thank you to our Sponsors





## **GREENLAMP PROPERTIES**

# Newmont...















